

List 3 things that you are

- I am
- I am
- I am

List 3 things that you are not

- I am not
- I am not
- I am not

Finish the sentence

- I do my best when
- I struggle when
- I am comfortable when
- I am stressed when
- I missed a great opportunity when
- Being myself is hard because
- I can be myself when
- I wish I were more
- I wish I could
- Life should be about